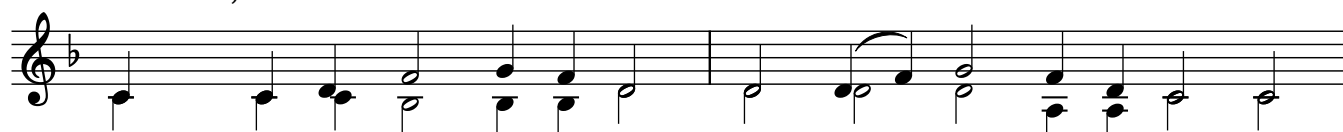


The Praises

At Matins of Great and Holy Saturday

H.D.J.B.

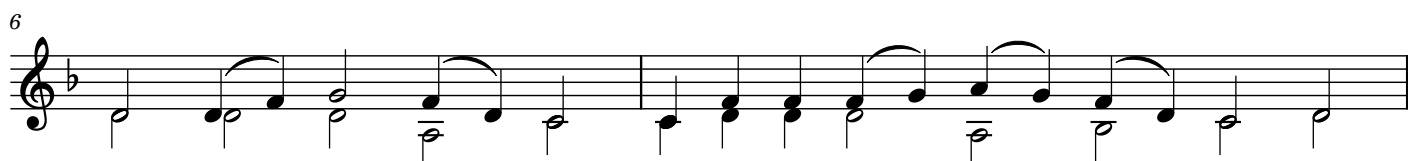
First Sticheron, Tone 2



Let every-thing that breathes praise the Lord! Praise the Lord from the hea - vens!



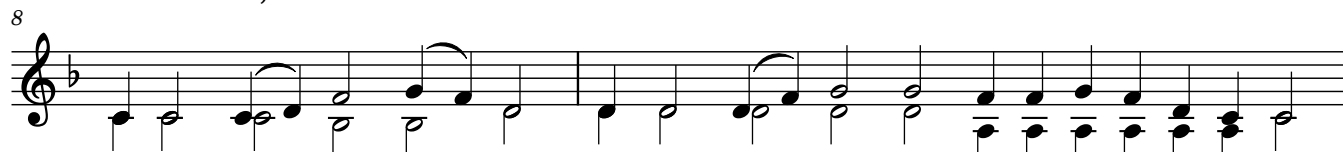
Praise Him in the high - est! To You, O God, is due a song. Praise Him all you ang - els of His!



Praise Him, all his hosts! // To You, O God is due a song.

Reader: Praise the Lord for His mighty deeds! Praise Him according to His exceeding greatness!

Second Sticheron, Tone 2



To-day a tomb holds Him who holds cre - a - tion in the hol-low of his hand.



A stone co-vers Him who cov-ered the hea-vens in glo - ry. Life sleeps and Ha - des trem-bles.



A - dam is set free from his bonds! Glo - ry to your plan of sal - va tion!

14



By it, You have ful-filled all things, grant-ing us an e - ter - nal Sab - bath rest: //

16

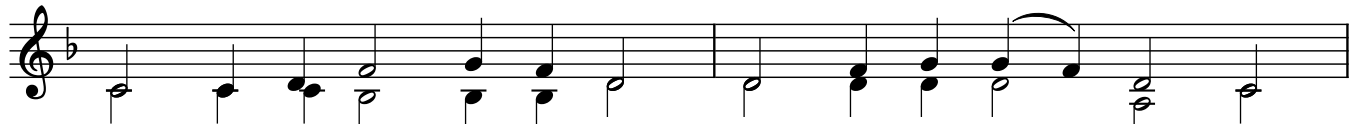


Your most Ho - ly Re - sur - rec - tion from the dead.

Reader: Praise Him with trumpet sound! Praise Him with lute and harp!

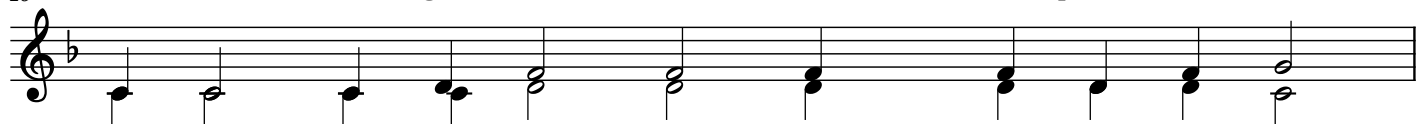
Third Sticheron, Tone 2

17



What is this sight we be - hold? What is this pres - ent rest?

19



The King of the ag - es keeps the Sab-bath in the tomb

20



through His Pas-sion He has ful-filled the plan of sal-va - tion, granting us a new Sab-bath rest.

22



To Him let us cry a - loud: A-rise, O God, judge the earth, for you reign for - e - ver, //

25

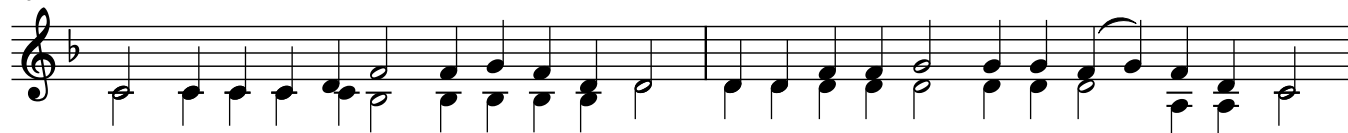


and bey - ond mea - sure is your great mer - cy.

Reader: Praise Him with timbrel and dance! Praise Him with string and pipe!

Fourth Sticheron, Tone 2

26



Come, let us see our Life, ly-ing in the tomb, to give life to those who lie dead in the tombs.

28



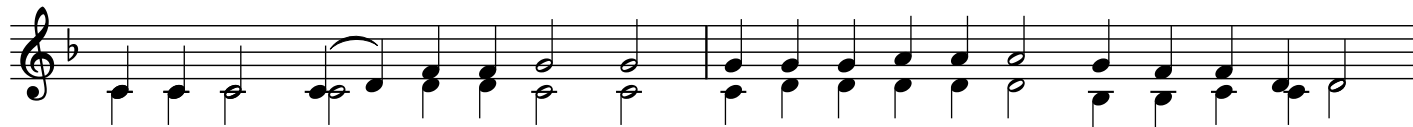
Come, look to-day on the Son of Ju-dah sleep-ing. With Jac-ob the Pat-ri-arch, let us cry to Him:

30



"You have stooped down, you have crouched as a li-on. Who dares a-wak-en You, O King?"

32



But a-rise in your own pow-er, O You who will-ing-ly gave Your-self for us, //

34

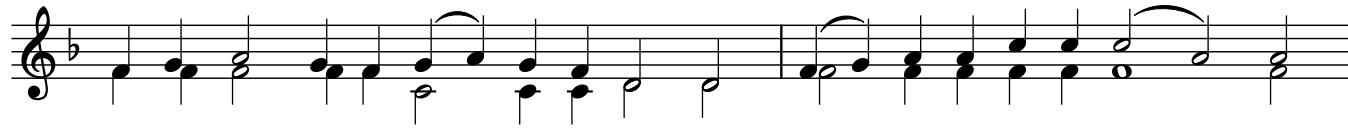


O Lord glo-ry to You.

Reader: Praise Him with sounding cymbals! Praise Him with loud clashing cymbals! Let everything that has breath praise the Lord! Praise the Lord!

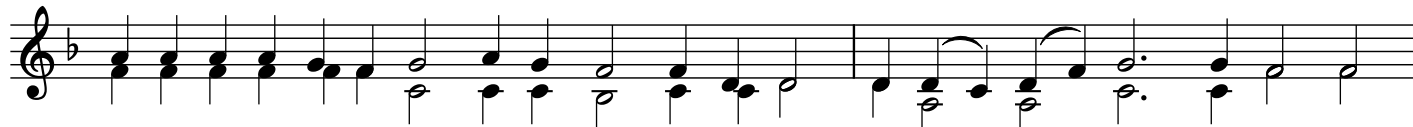
Fifth Sticheron, Tone 6

35



Jo-seph asked for the bo-dy of Jes-us, and placed it in his own tomb.

37



It was fit-ting for the Lord to come forth from the grave as from a bri-dal cham-ber.

39



You de-destroyed the dom-in - ion of death. You op - ened to men the gates of Par - a - dise. //

41



O Lord, glo - ry to You.

Reader: Glory to the Father and to Son and the Holy Spirit

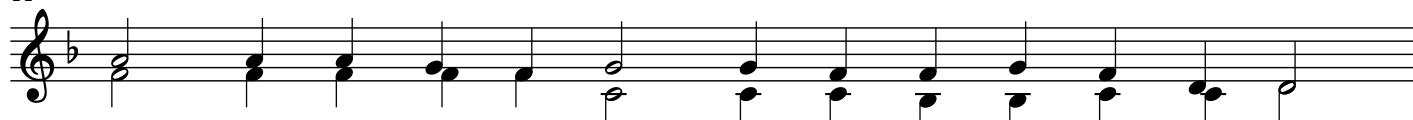
Sixth Sticheron, Tone 6

42



The great Mos - es myst-ic'-lly fore-shad-owed this day, say-ing, "God blessed the sev - enth day."

44



This is the bles - sed Sab - bath this is the day of rest,

45



on which the Only Begot-ten Son of God res - ted from all his works.

46



By suf-fer-ing death to ful-fil the plan of sal-va - tion, He kept the Sab - bath in the flesh.

48



By re-turn-ing a-gain to what He was, He has granted us e-ter-nal life through His Res - ur-rect-ion, //

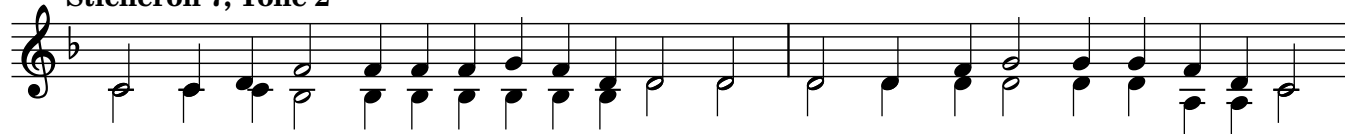
50



for He al - one is good and the Lo - ver of Man.

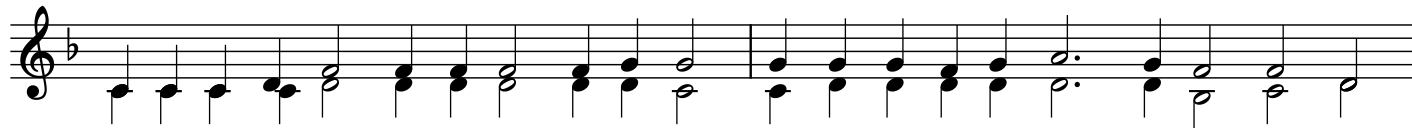
Reader: Now and ever and unto ages of ages, Amen.

51 **Sticheron 7, Tone 2**



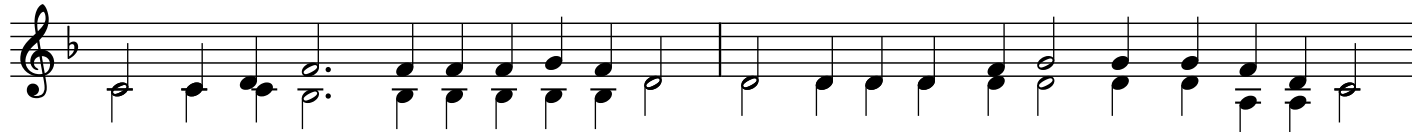
You are most bles - sed, O Vir-gin The-o - to - kos! For through the One Who was born of you,

53



Had-es has been capt - ured and A - dam re-called! The curse has been an-nulled and Eve set free!

55



Death has been slain, so we are gi-ven life! Bles - sed is Christ, our God, whose good-will it was! //

57



Glo - - - ry to you!